



May, 2006

# VTSCA Newsletter

Vermont School Counselor Association - [www.vtsca.org](http://www.vtsca.org)

## Meet the VTSCA Officers Roger L. Forando, President-Elect

I am hoping my next year as President of the Vermont School Counselors Association in 2006-2007 is less hectic, stressful, and busy as my first year as President-elect. The year is winding down rapidly, my secretary has been out on leave for 4 weeks without a replacement, my "piles" on the desktop are growing, but don't we all live like this in the world of school counseling and guidance?

I may be very unfamiliar to long-time counselors in Ver-  
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## Connecting with Counselors

Supporting each other as counselors can go a long way toward improving peace of mind and job satisfaction. High school counselors in Vermont are fortunately in that there is usually more than one counselor in the school. To have someone to bounce ideas off of, and make plans with, can help to make a really effective counseling program. Working conditions in Vermont are also generally better than many other parts of the country.

Listen to this counselor from Utah: "My current caseload is 1 to 680 in a K-6 elementary school. I never feel overwhelmed because I have decided that I can only do what I can get to and if it is not today it will still be there tomorrow. I do a lot of large classroom group activities and instruction. ...When I started 10 years ago I had four schools and 3,300 students and in three of the schools I was there once a week for half a day. That was overwhelming even with the do what you can attitude. I would love to have another counselor to share duties with, but I do not see that happening for a long time, and I have 28 years of service already."

Assuming things are not as bad for you as this unfortunate person, where do you get the support you need? VTSCA

plans conferences to provide ways to connect with colleagues from around the state. If you have something you could share with others, contact Jean Denson (Gkneed@aol.com).

Another source of support is available online. Recently Greg Martin sent out an email to all members to provide a way to connect. If you have a question or a suggestion send it to everyone on the list, and I'm sure we'll all see interesting replies.

ASCA has replaced its listserv with message boards. The boards are broken down by topic (Elementary, Middle, Secondary, National Model, Legal/Ethical, etc). However there are also open topic forums as well. Whether you are looking for help or can provide assistance, there are many ways to get involved.

### Using the ASCA Message Board

- Go to ASCA's web site: [www.schoolcounselor.org](http://www.schoolcounselor.org) (Be careful, because [www.schoolcounselor.com](http://www.schoolcounselor.com) is a different web site.)
- Click on the Message Board link
- Click on the Log In link
- Type in your member's username and password
- That's it! You are in and ready

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## Roger L. Forando, President-Elect

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mont, because I am finishing only my third year, but I have been in education since 1969 - a long time. Being a Vermont school counselor at Poultney High School, though, is like coming back to my "roots". When I graduated from the University at Albany in 1969, I accepted a job in Granville, New York as a driver education teacher. After marrying in October of that year, I moved to the nice little hamlet of West Pawlet, Vermont and commuted 2 miles to work every day. I still proudly display my "RLF-3" Vermont registration plates in my garage. However, 37 years later, after many choices of "road less travelled", I live in Granville, NY and commute 12 minutes to Poultney.

One of my most often used "career planning" reminder with young people is

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President - Cindy Edson  
Pres. Elect - Roger Forando  
Secretary - Meaghan Parker  
Treasurer - Barbara Bloom  
Past President - Greg Martin

Newsletter - Wayne Blanchard  
Send news items to Wayne at Springfield High School  
-wblanchard@springfield.k12.vt.us

the warning that CHANGE is a welcome word that should not be feared as they go through life making daily choices. We can plan all we want, but life always presents us with choices, sometimes unexpected, and then door #1 or door#2. I have been fortunate in that every choice I ever made worked out great, and I have had a very happy professional career.

In 1969, I earned my Latin and Classics degree from SUNY, with a minor certification in driver and safety education. Choosing between teaching Latin in Greece (New York), or driver education in Granville, NY, it was an easy choice, since I had already been accepted at Grad School for Education. Although many people chuckle, my 12 years as a driver education teacher really served as my "practicum" in guidance. Having 4 young people trust you well enough to discuss the trials and tribulations of life in a moving car proved to solidify my career choice to move from education to School Counseling. The fact that the Director of Guidance also made an impression on me and mentored me though grad school was also very important to my career.

As they say in the education world, I "paid my dues" by being very involved in my school and with my students - coaching boys basketball, and girls' softball, student council

advisor, teacher's union president, NYS Driver Education President, athletic director and all those little things helped me secure the position of Director of Guidance, which I served in Granville from 1982 through my retirement in 2003. A nicely engraved bench in the school lobby "marks" my years there. And during those 34 years, I probably taught and guided over 1200 Vermont students since we were the designated school to receive students from Pawlet, West Pawlet, and Wells, Vermont. Looking for something to do, I started at Poultney High School as a "part-timer" to help out in the summer of 2003. Within 3 months, I was full-time and appointed as Director of Guidance, and choosing to get involved with the Vermont School Counselors Association was a "natural" for me. I have attended each annual October state conference and been very impressed with the officers and members I have met, as well as the structure of the VTSCA. Hopefully, I can lend some experience to help the VTSCA grow in membership, professional development offerings, and helping Vermont students in our everyday work.

In my spare time, I enjoy visiting my three grown sons in Vermont, Connecticut, and Lake George, NY and my 2 (soon to be 3) grandchildren. I have already warned The Vergennes system about my 4 year old grandson. My wife is a middle school counselor in

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# TIGER

By Karen Collman

One of the more successful guidance programs I have used this year is from Plymouth State University in Plymouth, NH. Following is a description of their traveling theater program. They also give teacher workshops as part of the program and provide well thought out and meaningful guidance lesson plans based on each presentation theme for classroom lessons. If you are interested in finding out more about TIGER you can contact:

TIGER  
Plymouth State University  
MSC 38  
Plymouth, NH 03264  
(603)535-2647  
(603)535-2879(fax)  
Dennis Ventola, Booking Agent  
tiger-psu@plymouth.edu

TIGER  
*Theatre Integrating Guidance Education and Responsibility For Elementary and Middle Schools*

TIGER is a powerful and exciting collaboration between the Integrated Arts and Counselor Education graduate programs at Plymouth State University. TIGER is a professional theatre company designed to help children, schools, parents and communities deal proactively and positively with social issues and concerns facing children in schools today.

Based entirely upon

the anonymous writings of New Hampshire school children, TIGER performances incorporate live actors, puppets, theatre, movement and music in order to engage school audiences from kindergarten through grade eight. By using children's own words, TIGER enables children to hear their own voices as they step back from the experiences of bullying, and intolerance of individual differences to move into more successful social interactions at school.

In the tradition of Plymouth State University's award winning ETC (Educational Theatre Collaborative), TIGER offers the very best in theatre for young audiences. TIGER seeks to transform feelings, thinking and behavior to help both children and adults envision and understand their own power in resolving the issues of bullying and intolerance facing many students in our schools today.

## Workshops

TIGER tours elementary and middle schools throughout northern New England. Schools may book one or more performances for use in assemblies, classrooms, conferences or community events. Each performance is designed to run forty (40) minutes to fit the school day schedule.

Additionally, workshops can be booked to follow a performance, allowing students, teachers and school counselors to interact with actors to

explore and discuss solutions to bullying, and intolerance in their own environment. Separate workshops are designed to meet the developmental needs of primary, intermediate, and middle school students. After-school and evening workshops engage teachers, parents and community members in the process.

### Performances Available

"A Bully Isn't Your Friend... Yet!" (K-8) Raising awareness and seeking solutions to bullying behavior. Touring since 2002. Seen by over 38,000 children.

"I Was Born To Be Me!" (K-6) Celebrating the uniqueness of each individual to promote acceptance of others and decrease bullying. Touring since 2003. Seen by over 23,000 children.

"Just Between Friends!" (K-6) Helping children understand what it takes to make and be a good friend. Began touring in the spring of 2005.

"TIGER Teen Theatre" (5-8) Exploring the issues facing students in Middle School in order to promote healthy growth and relationships. Performed by a talented group of seasoned High School actors. Began touring in the spring of 2005

"Safe and Sound All Around" (K-6) Promoting personal safety, good choices and healthy relationships. Newest production. Began touring in the fall of 2005.

## **Transforming School Counseling: Changing the System to Ensure College and Work Success.**

Kati Haycock will be our Saturday keynoter and we have invited several other nationally known speakers to keynote on Thursday and Friday. We are also very excited about our location this year. We will be in the oceanfront Embassy Suites in Fort Lauderdale, FL for the Academy on June 1-3. We have also been able to lower our registration fee due to our location because the Embassy Suites already serves a wonderful hot breakfast and a lovely evening reception. I would suggest that you book your room early. Here is a web link directly to the Academy's hotel registration site.  
[http://www.hilton.com/en/es/groups/private\\_groups/deefles\\_tet/index.jhtml](http://www.hilton.com/en/es/groups/private_groups/deefles_tet/index.jhtml)

Also, you can find out more information on this year's Academy at the Education Trust's website:  
<http://www2.edtrust.org/EdTrust/Transforming+School+Counseling/academy.htm>

Peggy Hines, Ed.D., Director  
National Center for Transforming School Counseling  
The Education Trust  
1250 H St. NW, Suite 700  
Washington, DC 20005  
812-345-0942 (cell - preferred)  
202-293-1217 ext. 344  
[phines@edtrust.org](mailto:phines@edtrust.org)  
[www.edtrust.org](http://www.edtrust.org)

## **NEACAC Annual Meeting Pre-Conference Diversity Workshop Series 2006**

Tuesday, May 30

University of New Hampshire  
Durham, NH

8:00 a.m. - 7:00 p.m.

An additional optional evening event will take place through 10:00 p.m. followed by a discussion session the morning of Wednesday, May 31, from 10:30 a.m. -12:00 p.m.

We are excited to announce the 2nd NEACAC Pre-Conference Diversity Workshop Series, designed to link various individuals with keeping multicultural and diversity issues in the forefront of their office initiatives. This will be an opportunity to network and share successful programming resources for High School Guidance, College Admissions, and Outreach Counselors professionals. Attendees will discuss current issues, concerns, and successes found within the recruitment and access of diverse student groups.

The event will consist of four session times with up to four workshops each. There will be four session tracks focusing on Multicultural Programming, Professional Advancement and Mentoring of the Multicultural Recruiter, GLBT issues within College Access, and Issues in Diversity.

The cost for the Pre-Conference Diversity Workshop Series is \$100 for the full day with one

night (Tuesday) housing and meals, and \$75 for the full day and meals without housing.

Register for the Pre-Conference Diversity Workshop Series at the [necac.org](http://necac.org) website at: [https://www.necac.org/am\\_signup.cfm](https://www.necac.org/am_signup.cfm).

For questions please contact: Dan Axford, UMaine Farmington at [daxford@maine.edu](mailto:daxford@maine.edu) or Eve James, College of the Holy Cross at [ejames@holycross.edu](mailto:ejames@holycross.edu)

### **Anticipated Sessions for Diversity Workshop Series:**

**Multicultural Programming:**

The role of the White Counselor in Multicultural Programming.

Harvesting a New Crop: getting to know small neighborhood, pilot, and charter schools as ripe recruiting grounds.

Putting it All on the Table: An open look at University Multicultural Recruitment and Retention Plans  
Using data for Multicultural Recruitment.

Professional Advancement and Mentoring of the Multicultural Recruiter:

So now you're the Multicultural Recruiter.

Professional Advancement of the Multicultural Recruiter.  
Mentoring the Multicultural Recruiter.

Resources and Networking with NECBAC.

GLBT issues in College Access:

GLBT Kids go to College: A Discussion of the Issues for High School Counselors and College Admission Staff.  
GLBT in Admissions Practices.  
Queer Issues in Financial Aid: Real Life Scenarios.

Issues in Diversity:  
How to identify on College Application.  
Assumptions and Stereotypes: Being Objective in the Admission Process.  
Conquering the Cultural Divide-Are we truly committed to multiculturalism.

### **NEACAC Conference**

[www.neacac.org](http://www.neacac.org)  
Annual Conference registration has begun. The 2006 NEACAC Annual Conference & Meeting will be held May 31-June 2 at the University of New Hampshire, Durham, NH with a pre-conference Diversity workshop on Tuesday May 30. Costs are \$170 for full conference with on-campus housing, \$130 for full conference without housing, and \$75 for one day attendance. For additional information, contact Co-Chairs Kristin O'Callahan at [kcallhah@providence.edu](mailto:kcallhah@providence.edu) or Craig Dionne at [cdionne@du.edu](mailto:cdionne@du.edu).

### **4TH ANNUAL SCHOOL COUNSELING LEADERSHIP INSTITUTE**

[www.umass.edu/schoolcounseling](http://www.umass.edu/schoolcounseling)  
Becoming the Leaders We Have Been Waiting For: Mod-

els and Skills for Professional and Personal Transformation

Held July 17-21st, 2006  
University of Massachusetts-Amherst

This Fourth Annual Institute is sponsored by the University of Massachusetts Amherst School of Education's Center for School Counseling Outcome Research and the Division of Continuing Education. Participants will receive 3 graduate credits from UMass Amherst. The cost of the Institute, including three graduate credits, materials, lunch and breakfast each day, and Wednesday dinner, is \$1145. The Institute takes place July 17-21, 2006, from 9 a.m. to 5 p.m. on Monday, Tuesday, Thursday and Friday, and 9 a.m. to 8:30 p.m. on Wednesday (dinner included). We will have breakfast and lunch together each day and on Wednesday we will gather for a communal dinner (all included) to share ideas and get to know one another better.

The Institute is a graduate seminar in intensive format, with all-day classes, and group work on some evenings. There will be no papers or examinations – the grade will be based on site specific action plans regarding leadership goals and objectives completed by the last day of class.



### **ASCA Annual Conference**

[www.schoolcounselor.org](http://www.schoolcounselor.org)  
ASCA's 2006 annual conference, June 24-27, 2006, at the Hyatt Regency Chicago, will bring together approximately 1,200 pre-kindergarten to post-secondary professional school counselors, counselor educators, supervisors and graduate students.

From educational sessions to networking events, pre-conference workshops to inspiring keynote speakers, ASCA's conference helps professional school counselors across the country meet their professional development needs.

Conference sessions allow attendees to take away solid, practical ideas they can put to work tomorrow, make valuable contacts in the school counseling field and discover the latest techniques in school counseling.

Go to the web site for more information on keynote and featured speakers, pre-conference workshops, list of breakout sessions, exhibits, fees, schedules, and registration.

## **Professional Development Opportunities**

## Roger L. Forando

*Continued from page 2*

Hudson Falls, NY and enjoys her daily interaction with only 600 middle school students. We both enjoy weekend rides through the Vermont countryside on the “retirement” Harley as she refers to my 2 wheeled toy.

Please feel free to contact me, call me, stop by at Poultney High School if you are in the area. I look forward to meeting as many of you as I can at state meetings, and professional workshops. Enjoy the summer, and we’ll see you at the Fall Conference.

## Job Vacancies

Fairhaven High School has three vacancies - one administrative Director of Guidance, one maternity leave, and one full time position to cover a departure.

## Transitions

Congratulations to Tracy Gallipo who is leaving her school counseling job to accept a position as Director of Admissions at College of St. Joseph.

Pam O’Neil has taken over as Director of Guidance at Green Mountain Union High School. Becky Dutton, a long time counselor at Green Mountain has retired.

Kelly Ryan, who was a counselor at River Valley Technical Center, has taken over Pam’s job as Director of Guidance at Black River High School.

Jan Wright, a counselor at Springfield High School, took over Kelly Ryan’s job at RVTC on May 1.



## HSTW Staff Development Conference

[www.sreb.org](http://www.sreb.org)

Leading Change to Make Rigor, Relevance and Relationships a Reality

Wednesday, July 12 - Saturday, July 15, 2006  
Orlando World Center Marriott  
Orlando, Florida

The 20th Annual High Schools That Work Staff Development Conference will be held at the Orlando World Center Marriott in Orlando, Florida, Wednesday, July 12 to Saturday July 15, 2006. High Schools That Work is the largest and oldest of the Southern Regional Education Board’s school-improvement initiatives for high school and middle grades leaders and teachers.

## Job Search

A quick way to find out about openings for counselors is to go to School Spring ([www.schoolspring.com](http://www.schoolspring.com)). Using the Quick Job Search, choose “Vermont” and “Counselor”, and then click the “Find Jobs” button. To refine the search, you can also choose a grade level and job type (full time, part time, etc). 6

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**877.877.5848 Toll-Free**

# Career Planning: A Lifelong Adventure

Join your colleagues at the 2nd annual FREE career planning conference for K-12 school professionals on May 24, 2006 at Vermont Technical College in Randolph Center.

Who should attend?

- school counselors
- teachers
- technical center counselors
- administrators
- agency professionals working in schools

Why attend this conference?

- hear internationally renowned development specialist Phil Jarvis
- learn how counselors and teachers implement career development activities
- exchange ideas with colleagues working with primary, middle, or secondary school students on effective career development strategies
- discover new trends in career planning

## Registration

Register by May 15, 2006

- by e-mail – send your contact information to [joyal@vsac.org](mailto:joyal@vsac.org)
- by mail – download the Career Planning: A Lifelong Adventure conference brochure (pdf), and mail it to VSAC Outreach Program, Attention: Shari Joyal, PO Box 2000, Winooski, VT 05404.
- by telephone – call 800-642-3177 x693.

If you have questions about the conference, please e-mail Tia Ganguly at [ganguly@vsac.org](mailto:ganguly@vsac.org).

## Agenda

8:30–9:00 am Breakfast and registration

9:00–9:15 am Introduction

9:15–10:15 am Keynote speaker – Phil Jarvis, National Life Work Centre

Director of National and International Projects

Mr. Jarvis will discuss the new career development paradigm and skills needed for the future.

Mr. Jarvis headed research, development, and international marketing of the CHOICES programs. Other projects include The Real Game Series,

the Blueprint for Life/Work Designs, and Career Explorer.

10:30–11:45 am Roundtable discussions by grade level  
Participants will have the opportunity to share and explore career development strategies and curricula with colleagues in their grade levels.

12:00–1:00 pm Lunch and raffle

1:15–2:30 pm Topic workshops and evaluations

Presenters will conduct workshops to introduce career development resources, tools, and best practices.

## Directions

- In Randolph, take exit 4 off I-89.
- From the exit 4 ramp, turn onto Route 66, heading uphill away from McDonald's.
- Proceed 3/4 mile to the intersection at the top of the hill (cars traveling up the hill have the right of way at the intersection).

- Drive straight across the intersection to enter the campus through the main entrance.

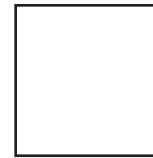
## Funding

This event is sponsored by the Vermont State GEAR UP Project, the Vermont Student Assistance Corporation, and the Vermont School Counselor Association, with support from the Career Planning Task Force.



**The Vermont School Counselor Association is pleased to co-sponsor this career conference for all counselors, K-12. Please join us on May 24 at Vermont Technical College. It's free!**

Vermont School Counselor Association  
P.O. Box 665  
Burlington, VT 05402-0665



**save the date!**

**Presenting the VTSCA  
Fall Conference for  
K-12 School Counselors**

Date: October 19, 2006

Location: We are working on securing the Hamilton Inn in Colchester for Oct. 19th.

Plan to attend: enjoy a full day of educational, networking, and mentoring opportunities among members.

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**Join us at  
Vermont School  
Counselor  
Association  
sponsored  
conferences**

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**Request for proposals:**

If you have an activity, curriculum piece, or workshop which supports the implementation of a comprehensive model of school counseling and best practices in school counseling

programs at any level of school counseling, K-12, that you would like to present at the Fall Conference, please contact Jean Denson:  
e-mail GkneeD@aol.com  
phone 1-603-475-5631

**Registration is currently underway for the spring conference on career planning.**

Date: May 24, 2006

Location: Vermont Technical College in Randolph, VT

Register by May 15, 2006

- by e-mail – send your contact information to joyal@vsac.org
- by mail – download the Career Planning: A Lifelong Adventure conference brochure (pdf), and mail it to VSAC Outreach Program, Attention: Shari Joyal, PO Box 2000, Winooski, VT 05404.
- by telephone – call 800-642-3177 x693.

See page 7 for more details. Also see the VSAC web site: [www.vsac.org](http://www.vsac.org)

**register now!**